

Healthcare Organiser



Healthcare Organiser

The Child Growth Foundation has produced this organiser to be used by families wishing to keep a personal record of their child's medical history, current needs, and health services input.

Depending on your personal preferences you can share it with healthcare professionals at appointments and/or during hospital admissions.

This organiser can be kept in a file with hospital letters, growth charts, test results, education plans and any other personal records you feel appropriate.

We hope this record will help families keep track of their child's progress and changing medical needs and support them in the conversations they have with their medical team.

All sections may not be relevant and can be adapted to individual needs or saved onto your computer/laptop/tablet/smartphone.

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*Multiple copies of this page have been included, please photocopy and add more if/when needed.

Personal details

Child's name		D.O.B.	
Parent/Carers/NOK			
Address			
Telephone number		Email:	
School/Nursery			
GP			
Hospital number		NHS number:	
Diagnosis			
Key clinical features of condition			
Key information about caring for me			
Siblings names & age			
Parents & siblings' relevant medical history		Mother's height:	
		Father's height:	
		MPH:	
		MPC:	

Birth history

Gestation at birth		C-section	Normal delivery
Details of any complications in pregnancy and/or at birth			
Details of any special care required at birth			
Measurements at birth	Weight	Length	Head circumference

Allergies

Allergy	Reaction	Intervention

Details of all Healthcare Professionals



Please add details of the doctors/specialists/nurses/therapists/dietician etc involved in managing your child's health needs.

Specialist	Name	Based at	Contact details	Date first seen
Lead Clinician				

Medications

Medication	Start date	Stop date	Prescribed by	Reason Given	Dose/ Route	Times Given

Emergency care plan

Add here a description of any plans in place for what to do in an emergency i.e. seizures, hypoglycaemia. For adrenal crisis management or if you have a more extensive emergency plan in place, please add additional care plans.

What might happen	What to do	Other information
	<ul style="list-style-type: none"> – 1 – 2 – 3 – 4 	
	<ul style="list-style-type: none"> – 1 – 2 – 3 – 4 	

Surgical procedures

Procedure	Date	Location & Surgeon	Additional Details

Record of appointment

Date/Time:

Department:

Name of Clinician/Specialist:

Persons present:

Reason for appointment:

Concerns/questions I have:

What was discussed:

Follow up actions:

Notes for next appointment:

Investigations/blood tests

Test / Investigation	Date	Requesting doctor	Results

Record of appointment

Date/Time:

Department:

Name of Clinician/Specialist:

Persons present:

Reason for appointment:

Concerns/questions I have:

What was discussed:

Follow up actions:

Notes for next appointment:

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Persons present:

Reason for appointment:

Concerns/questions I have:

What was discussed:

Follow up actions:

Notes for next appointment:

Investigations/blood tests

Test / Investigation	Date	Requesting doctor	Results

About us

The Child Growth Foundation (CGF) makes a difference wherever growth is a concern.

We are the leading UK charity focusing on the support, understanding and management of rare growth conditions to improve the lives of children, adults and families affected.

Our vision is that the UK has a system where all families affected by growth conditions can receive a clinical diagnosis and corresponding care plan, and no-one feels alone or isolated.

Funding

The CGF is an independent charity that relies entirely on the generosity of individuals, groups and organisations to continue our work. If you have found this organiser helpful, please consider becoming a member, fundraising for our charity and/or making a donation at www.childgrowthfoundation.org/donate

Feedback

Your feedback helps us to ensure we are delivering information to the highest standard. If you have any comments or suggestions, please contact us at info@childgrowthfoundation.org or on 020 8798 2139.

Disclaimer

We have taken every care to ensure the accuracy of the information contained in this organiser. The information enclosed should not be used as a substitute for the advice from a clinician, GP or other healthcare professional.

Further information

The CGF provides expert information, advice and support. If you have any questions regarding the content of this organiser or if you have any other queries please get in touch with our friendly nursing team through our Support Line* contact details below.

Email: support@childgrowthfoundation.org | Phone: 020 8995 0257 |
Website contact form: www.childgrowthfoundation.org/supportline

*By contacting the CGF Support Line you are providing consent for the CGF to collect, process and store your data to provide you with the information or services you are contacting the CGF about. Read the [CGF's Support Line Privacy Statement](#) for full details.



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