

**Dear supporter,**

We find ourselves in very strange, and unprecedented, times and our first thought is that you are all well and keeping safe; your health and wellbeing is the most important thing to us.

We know a number of you are concerned about the impact of COVID-19 on the health of your children, or yourself, and we are working hard to source reliable and trustworthy information on how the virus impacts on people with growth conditions. We are in regular contact with our health professional advisors and add regular updates to our website on our COVID-19 support page.

Our email and telephone support line is still available to help, and our service remains relatively intact as a result of the lockdown.

However, like many other charities, we are concerned about our ability to cope with the effects of the lockdown, particularly on our income. The summer fundraising activities that many of you undertake for us each year are no longer possible. Therefore, any personal support you can give now is more appreciated, and welcomed, than ever. We find this ask extremely difficult, we understand that many of you will have been furloughed and are likely to have seen an impact on your income. We also appreciate that so much support is needed for our under resourced NHS services up and down the country.

But for over 40 years the Child Growth Foundation has supported thousands of families through accurate and reliable information, by bringing families together at our annual convention or through the CGF Facebook groups, which wouldn't exist without the CGF, and through funding invaluable research into growth conditions in order to improve the lives of those we are here for. Hopefully, you can appreciate our situation and our need to ask for your support, we want to be around for the next 40 years.

**You can make a real difference and help us maintain a continuity in our service delivery.** Your one-off donations are very gratefully received but please consider setting up a regular giving payment for the next 6 to 12 months to support through these challenging times.

**£10 a month** will help us deliver new information packs to our new members in search of help for their child.

**£15 a month** will support the delivery of our telephone and email helpline answering the queries that concerned parents have and providing guidance to further support services.

You can make a one-off donation or set up a regular giving plan at the following link:

<https://childgrowthfoundation.org/appeal>

Or you can call us on: **0208 995 0257**

**Please help us to ensure that the CGF remains a beacon of hope to parents of children with newly diagnosed growth conditions for many years to come.**

Thank you for your help

Kind regards,

**Nick Child**  
Chair of the Trustees

**Jenny Child**  
Membership and Parent Support Manager